Breaking a Chocolate Tablet

Enigma nº1

14th December 2023

You are given a 5×4 chocolate tablet. You want to cut it into 20 pieces by hand, following the lines of the chocolate. You can only break along a line, and when you do, you cut/break the chocolate along all the line. You are not allowed to pile up pieces to break through multiple lines at once.



How many breaks are required at minimum?

Bonus: How many breaks are required at maximum?